



Want to try out Monroe's ATA Martial Arts? We offer THREE FREE CLASSES if you bring this flyer in when you sign up. This flyer entitles you to THREE classes, at no charge, under one of our nationally certified instructors at our school. Learn how to defend yourself against bullies, would-be kidnapers as well as learning how to be confident in yourself and excel in life!

Three Free Classes!

Come in and meet us, and you will receive three free classes courtesy of Monroe's ATA Martial Arts!

- * Taekwondo 1) _____
 - * Tai Chi 2) _____
 - * Krav Maga 3) _____
 - * Cardio Fitboxing _____
 - * Women's Self-Defense _____
- Sponsored By _____